



CoCoRaHS Collections

“Because Every Drop Counts”

The Ohio Newsletter

Spring
2024

Heat Safety

While CoCoRaHS takes only a brief amount of time each day, many CoCoRaHS observers spend time outdoors with a variety of activities. As we continue to go into the warmer months here is some important heat safety information. Also, know the signs of heat exhaustion and heat stroke.

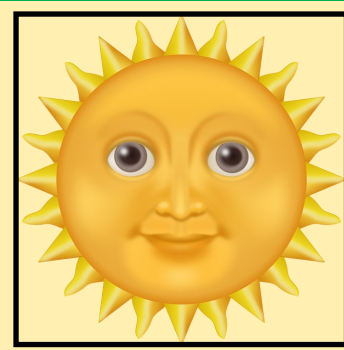
Slow down: reduce, eliminate, or reschedule strenuous activities until the coolest time of the day. Children, seniors, and anyone with health concerns should stay in the coolest available place. Wear lightweight, loose-fitting, light-colored clothing to reflect heat. Choose easy-to-digest foods such as fruit or salads. If you pack food, put it in a cooler or carry an ice pack. Meats and dairy products can spoil quickly in hot weather. Drink plenty of water (not very cold): Focus on non-alcoholic and decaffeinated fluids. Drink water even if you don't feel thirsty. If you're on a fluid-restrictive diet or have a problem with fluid retention, consult a physician before increasing consumption of fluids. Spend time in air-conditioned locations such as malls and libraries if your home isn't air conditioned. Use portable electric fans: Fans exhaust hot air from rooms or draw in cooler air. Do not direct the flow of portable electric fans toward yourself when room temperatures are hotter than 90°F.

The dry blowing air will dehydrate you faster, endangering your health. Minimize direct exposure to the sun. Sunburn reduces your body's ability to dissipate heat. Take a cool bath or shower. Do not take salt tablets: Only take salt tablets if recommended by a physician. Be aware of infants, older, sick or frail people and pets. Never leave children, disabled adults or pets in a car.

HEAT EXHAUSTION	OR	HEAT STROKE
Faint or dizzy		Throbbing headache, confusion
Excessive sweating		No sweating
Cool, pale, clammy skin		Body temperature above 103° Red, hot, dry skin
Nausea or vomiting		Nausea or vomiting
Rapid, weak pulse		Rapid, strong pulse
Muscle cramps		May lose consciousness
<ul style="list-style-type: none"> Get to a cooler, air conditioned place Drink water if fully conscious Take a cool shower or use cold compresses 		<p>CALL 9-1-1</p> <ul style="list-style-type: none"> Move person to cooler place Cool using cool cloths or bath Do not give anything to drink

Inside This Issue:	Page
Educational Weather Fun	2
Awards	2-3
Helpful Links	4
Is It Dry At Your House?	4

A special thank you to those listed below for contributing to this newsletter! CoCoRaHS, NWS, U.S Drought Monitor websites and Julian from CoCoRaHS headquarters. Special thanks to all of you who submit observations daily as well!

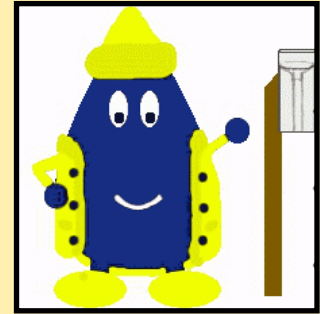


If you have any questions or if there is a topic that you would like to hear about in a future newsletter please contact: Ashley.Novak@noaa.gov

Educational Weather Fun

Are you a parent looking for something educational and fun to do with your kids during the summer months? Are you an educator looking for some weather activities for the upcoming school year? Maybe you just like the weather. Whatever category you fall under, here are some great weather activities and other educational items to check out. You can go to this web address or go to the CoCoRaHS website and on the left hand side under resources click on 'education.'

<https://www.cocorahs.org/Content.aspx?page=education>



Diamond Dendrite Award

Special welcome to the Diamond Dendrite award level for these observers that have submitted 5,000 daily precipitation amounts. Award certificates will be sent via email.

OH-HM-13

OH-OT-2



Golden Raindrop Award

Congratulations to our new Golden Raindrop Award members! These individuals have reported over 3000 daily precipitation reports. Award certificates will be sent via email.

OH-DL-13

OH-FY-5

OH-HK-3

OH-MW-4



Congratulations to our new Silver Snowflake Award members! These individuals have reported over 2000 daily precipitation reports. Award certificates have been sent via email.

Silver Snowflake Award

OH-BT-39

OH-CY-48

OH-DL-22

OH-FF-14

OH-FR-75

OH-FR-83

OH-HM-37

OH-LC-22

Bronze Observer Award

Congrats to our new Bronze Observer Award members! These individuals have reported over 1000 daily precipitation reports. Award certificates will be sent via email.

OH-AT-28

OH-BT-37

OH-CK-14

OH-CK-19

OH-CK-20

OH-CM-1

OH-CM-25

OH-CY-47

OH-DL-36

OH-FF-40

OH-FR-104

OH-FR-127

OH-FR-129

OH-FR-131

OH-GY-10

OH-HR-6

OH-LG-15

OH-PC-7

OH-PT-23

OH-UN-24

OH-WD-26

OH-WL-8



Congratulations to our newest 500 Club members! These observers have submitted at least 500 daily precipitation reports since becoming a CoCoRaHS observer. We look forward to adding onto this list with the next newsletter.

500 Club!

OH-CB-29

OH-MN-3

OH-OT-10

OH-PC-10

OH-UN-24





Spring 2024 Honor Roll

From March 1, 2024 through May 31, 2024, these Ohio stations reported everyday. Here are those stations who get a thumbs up for their dedication!

Not listed below, but thought you reported everyday? You can check your reports. There are multiple ways to do this. You can go into your account and click on list/edit my daily precipitation reports. This will show your reports everyday. You can also go into 'view data' at the top of the page and click on 'station precipitation summary report.' Input your station and the period of interest. The missing days will be shown with dash marks. If there are additional questions e-mail Ashley.Novak@noaa.gov.



OH-AD-5
OH-AD-6
OH-AL-5
OH-AT-1
OH-AT-5
OH-AT-21
OH-AZ-1
OH-AZ-19
OH-BT-1
OH-BT-34
OH-BT-39
OH-CB-8
OH-CB-18
OH-CB-29
OH-CK-19
OH-CM-18
OH-CM-7
OH-CN-10
OH-CN-14
OH-CN-15
OH-CN-24
OH-CY-24
OH-CY-39
OH-CY-42
OH-CY-48
OH-DL-10

OH-DL-31
OH-DL-32
OH-DL-39
OH-DR-1
OH-DR-7
OH-DR-9
OH-DR-18
OH-DR-29
OH-DR-35
OH-ER-4
OH-ER-8
OH-ER-11
OH-ER-14
OH-ER-18
OH-ER-48
OH-FF-14
OH-FF-24
OH-FF-29
OH-FF-40
OH-FL-13
OH-FL-16
OH-FR-2
OH-FR-3
OH-FR-8
OH-FR-129
OH-FR-160

OH-FY-8
OH-GG-11
OH-GG-21
OH-GG-4
OH-GG-7
OH-GR-15
OH-GR-26
OH-GR-37
OH-GR-44
OH-HD-14
OH-HG-9
OH-HM-13
OH-HM-17
OH-HM-37
OH-HM-56
OH-HM-69
OH-HM-75
OH-HM-80
OH-HM-96
OH-HY-14
OH-HY-9
OH-JC-4
OH-KN-4
OH-LC-1
OH-LC-10
OH-LC-26

OH-LC-28
OH-LG-12
OH-LK-9
OH-LR-25
OH-LR-27
OH-LR-32
OH-LR-36
OH-LS-14
OH-LS-23
OH-LS-34
OH-LS-41
OH-MA-9
OH-MC-7
OH-MD-2
OH-MD-10
OH-MD-16
OH-MD-19
OH-MG-3
OH-MH-10
OH-MH-11
OH-MH-21
OH-MK-12
OH-MK-13
OH-MM-14
OH-MM-27
OH-MM-29

OH-MN-3
OH-MY-5
OH-MY-9
OH-MY-17
OH-MY-18
OH-MY-34
OH-MY-39
OH-MY-83
OH-MY-91
OH-MY-95
OH-NB-4
OH-OT-2
OH-PB-1
OH-PC-10
OH-PN-10
OH-PN-14
OH-PT-9
OH-PT-12
OH-PT-17
OH-PT-25
OH-RC-7
OH-RC-15
OH-RC-18
OH-RS-17
OH-SD-2
OH-SH-10

OH-SH-11
OH-SH-13
OH-SH-14
OH-SH-15
OH-SH-20
OH-SH-4
OH-SM-5
OH-SN-3
OH-ST-12
OH-TR-13
OH-TR-4
OH-TS-8
OH-TS-14
OH-UN-4
OH-VN-3
OH-WD-14
OH-WN-20
OH-WR-34
OH-WR-35
OH-WR-36
OH-WR-40
OH-WS-12



Newsletter

CoCoRaHS Collections
The Ohio CoCoRaHS Newsletter

E-mail:
Ashley.Novak@noaa.gov

Because Every Drop Counts

www.cocorahs.org



Helpful Links for Ohio CoCoRaHS Observers

Obtain replacement or extra equipment:

<https://www.cocorahs.org/Content.aspx?page=store>

For information on Climate:

<https://climate.osu.edu/>

<https://www.cpc.ncep.noaa.gov/>

For Current Forecasts and Severe Weather Warnings:

<https://www.weather.gov/>

For river information:

<https://water.weather.gov/ahps/>

For drought information:

<https://droughtreporter.unl.edu/map/>

<https://droughtmonitor.unl.edu/>



Is It Dry At Your House?

Is it dry at your house? Maybe earlier this year it was wet at your house? Whatever it is, we would like to hear from you! Did you know that the U.S. Drought Monitor utilizes CoCoRaHS observers condition monitoring reports to put together the U.S. Drought Monitor maps? You can submit your reports by going into your account and then on the left hand side under 'enter my new reports' click on 'condition monitoring report.' There is a helpful guide that will provide more information on all the categories from severely dry to severely wet and everything in-between. How often is it good to report? If you are able, weekly or as conditions change, however it is up to you. The more often you report, the better picture

we'll get of your landscape's conditions. You can view a map with the reports here or under maps on the CoCoRaHS webpage: <https://www.cocorahs.org/Maps/conditionmonitoring/>

Thanks to those that have already been reporting your condition!

